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	 A Special Message from Dr. Hill (2:44)
	 Course Materials List & Workbook Download Options
	 What You'll Learn & Your Materials Checklist
	 Importance of the Technique as a Wellness Advocate (1:14)
	 The Purpose and Importance of the Technique (2:07)
	 Why Should You Learn the Technique? (2:00)
	 Course Overview (1:34)
	 Checking Your Progress











Science of Aroma

	 What You'll Learn & Your Materials Checklist
	 General Facts about Aroma (3:21)
	 How Aroma Impacts the Body and Brain (1:58)
	 Your Sense of Smell and the AromaTouch Technique® (0:43)
	 Fun Facts about Aroma (0:37)
	 Quiz - Science of Aroma
	 Checking Your Progress















Science of Touch

	 What You'll Learn & Your Materials Checklist
	 General Facts about Touch (1:53)
	 Touch and Communication (1:36)
	 Touch and the AromaTouch Technique® (2:12)
	 Fun Facts about Touch (0:38)
	 Quiz - Science of Touch
	 Checking Your Progress















The Synergy of Aroma and Touch

	 What You'll Learn & Your Materials Checklist
	 Who Can Benefit from the AromaTouch Technique®? (1:48)
	 What Are the Benefits of the AromaTouch Technique®? (3:20)
	 Quiz - The Synergy of Aroma and Touch
	 Checking Your Progress

AromaTouch Technique® Essential Oils

	 What You'll Learn & Your Materials Checklist
	 Importance of Using CPTG® Essential Oils (3:25)
	 Relaxing Essential Oils: dōTERRA Balance® and Lavender (3:43)
	 Supportive Essential Oils: Tea Tree and dōTERRA On Guard® (2:23)
	 Soothing Essential Oils: AromaTouch® and Deep Blue® (2:14)
	 Invigorating Essential Oils: Wild Orange and Peppermint (3:29)
	 Fractionated Coconut Oil (1:14)
	 Quiz - AromaTouch Technique Essential Oils
	 Checking Your Progress

Connecting through Movement in the AromaTouch Technique®

	 What You'll Learn & Your Materials Checklist
	 Confident Contact (1:40)
	 The Importance of Rhythm (3:59)
	 Zones in the Body (2:26)
	 Zones and Regions in the Feet (1:20)
	 Quiz - Connecting through Movement in the AromaTouch Technique
	 Checking Your Progress

AromaTouch Technique® Movements

✓	☰ What You'll Learn & Your Materials Checklist
✓	▶ Oil Introduction (2:34)
✓	▶ Three Clockwise Palm Circles (1:40)
✓	▶ Alternating Palm Slide (1:56)
✓	▶ Five-Zone Activation (2:40)
✓	▶ Auricular Stress Reduction (1:21)
✓	▶ Thumb Walk (1:51)
✓	▶ Three-Region Foot Activation (1:26)
✓	▶ Five-Zone Foot Activation (2:05)
✓	▶ Five-Zone Tissue Pull (1:19)
✓	▶ Lymphatic Movement (1:53)
✓	☒ Quiz - AromaTouch Technique Movements
✓	☒ Checking Your Progress

The Full AromaTouch Technique®

✓	☰ What You'll Learn & Your Materials Checklist
✓	▶ Things to Keep in Mind (4:29)
✓	☒ Quiz - The Full AromaTouch Technique—Things to Keep in Mind
✓	☰ The AromaTouch Technique® with Dr. Hill
✓	☰ The AromaTouch Technique® Follow Along
✓	☒ Checking Your Progress











The AromaTouch Technique® Study

✓	☰	What You'll Learn & Your Materials Checklist
✓	▶	What Was the Purpose of the Study? (1:06)
✓	▶	How Did It Work? (1:10)
✓	▶	What Was Measured? (0:50)
✓	▶	What Were the Results? (1:16)
✓	☒	Checking Your Progress







The AromaTouch Technique® and the Wellness Pyramid

- ✓ ☰ What You'll Learn & Your Materials Checklist
- ✓ ▶ The Wellness Pyramid (1:45)
- ✓ ▶ Resting and Managing Stress (0:59)
- ✓ ▶ Reducing Toxic Load (1:10)
- ✓ ▶ Informed Self-Care (0:56)
- ✓ ⚙ Checking Your Progress

Building Your Business with the AromaTouch Technique®

	 What You'll Learn & Your Materials Checklist
	 Live (2:29)
	 Share (2:40)
	 Build (2:33)
	 Checking Your Progress

Conclusion

<input checked="" type="checkbox"/>	 What You'll Learn & Your Materials Checklist
<input checked="" type="checkbox"/>	 Additional Resources (0:45)
<input checked="" type="checkbox"/>	 Digital Badge (Not Your Certificate)
<input checked="" type="checkbox"/>	 dōTERRA Account Information
<input checked="" type="checkbox"/>	 Congratulations! (1:37)
<input type="checkbox"/>	 Certificate Information